

# Sustainable Faith School of Spiritual Direction Winnipeg Year Two 2017-2018

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## Overview of Year Two

- The second year is for those who envision spiritual direction as a more central feature of their work. It gives participants the opportunity to engage in the Ignatian Exercises together, gain significant (supervised) experience in offering direction, delve more fully into the theological underpinnings of spiritual direction and address special topics. At the end of Year 2, students are certified and fulfill the requirements for inclusion in *Sustainable Faith's* list of directors as well as in other umbrella organizations.

## Applying for Year Two

- You can apply at <http://winnipegcentrevineyard.com/sosd1and2>. Once we receive your application, we will get in touch with you for an interview (for Year One students only) and we will provide payment information so you can pay your deposit and secure your place in the school.

## Cost

- Year Two: US \$1850 (~ **CAD \$2,494.36**)
- After paying an initial US \$440 (~ **CAD \$593.25**) deposit to secure your place in the school, you can either pay the remainder of your tuition up front or pay a portion each month for the duration of the school (**9 payments of ~ CAD \$277.15**).
- There is an additional US\$40 (~ **CAD \$53.93**) to cover the debit/credit card charges incurred by the school for tuition. This charge can be avoided by using Electronic Funds Transfer (EFT); tuition invoices will provide details regarding this.
- You will be invoiced directly from Sustainable Faith.
- Note: Books are not included in tuition. Also, if travel and accommodation were required for the student they are also not included in the tuition.

## Module themes and Reading List:

**The Ignatian Adventure:** *Experiencing the Spiritual Exercises of St. Ignatius of Loyola in Daily Life*, Kevin O'Brien, SJ

- Introduction to be read prior to first class. We will start the exercises together in our first meeting.

### **1 Theology: Our God**

Delighting in the Trinity, Michael Reeves

### **2 Teleology: Our Destination**

Surprised by Hope, N.T. Wright

### **3 Anthropology: Our Role**

God's Many Splendored Image, Nonna Verna Harrison

### **4 Formation: Our Journey**

Desiring the Kingdom, James K.A. Smith (Introduction – p.73)

Interior Freedom, Jacques Philippe

### **5 Discernment: Our Choice**

The Way of Discernment, Elizabeth Liebert

## **Meeting Dates (Sunday 9 am – 5 pm & Monday 1 pm – 5 pm)**

October 15-16  
December 3-4  
February 4-5  
April 8-9  
June 3-4

## **Requirements**

### **Attendance at 4 out of 5 Modules**

#### **Ignatian Exercises**

- The centerpiece of year two training is the Spiritual Exercises of Ignatius of Loyola, which is a pathway to paying attention to our own spiritual growth while the weekly summaries and spiritual direction facilitate a journey in community. This powerful 9-month set of exercises deepens our experience of God's love, reveals inner compulsions and false attachments, sharpens our discernment, and cultivates a sense of mission.
- A one or two paragraph summary of the week is due each Sunday or Monday and placed in Box.

#### **Receiving Direction**

- The class requirement is a *monthly* meeting with a spiritual director (preferably someone qualified to guide others through the exercises). However, we believe there is great benefit in *bi-weekly* appointments or attending a group focused on the exercises.

#### **Offering Direction**

- Participants agree to offer direction to three people monthly. Again, you'll need to let potential directees know you are practicing and sessions will be recorded for your training and presented to the class. Names may be removed or changed to protect the identity of the directee.

#### **Peer Supervision**

- In our afternoons together we practice peer supervision, presenting both verbatims and audio recordings of actual spiritual direction sessions. Each student contributes one verbatim and one recording to each module. Each verbatim or recording covers a 15-20 minute portion of a spiritual direction session. These may be uploaded to box prior to the meeting.

#### **Required Reading & Reports**

- The purpose of the readings is to establish a theological underpinning to the practice of spiritual direction. A book reflection of 1-2 pages should be posted to box and include the following:
  - Your main take-away from the book or how this book is forming you.
  - If you agree/disagree with the premise of the book and why.
  - And, if what the author says is true, what is the implication for SD?